

**Pokémon Mystery Dungeon
Items Checklist**

Specs and Goggles

- Alert Specs
- Goggle Specs
- Insomniscope
- Lockon Specs
- No-Aim Scope
- Scope Lens
- Whiff Specs
- X-Ray Specs

Bands

- Bounce Band
- Curve Band
- Detect Band
- Patsy Band
- Persim Band
- Pierce Band
- Power Band
- Racket Band
- Special Band
- Stamina Band
- Twist Band
- Weather Band
- Zinc Band

Scarves

- Defense Scarf
- Dodge Scarf
- Mobile Scarf
- Pass Scarf
- Pecha Scarf
- Sneak Scarf
- Trap Scarf
- Warp Scarf

Ribbons

- Diet Ribbon
- Gold Ribbon
- Heal Ribbon
- Joy Ribbon
- Plain Ribbon

Thrown Items

- Cacnea Spike
- Corsola Twig
- Gold Fang
- Iron Thorn
- Silver Spike
- Stick
- Geo Pebble
- Gravelerock

Seeds

- Allure Seed
- Blast Seed
- Blinker Seed
- Doom Seed
- Eyedrop Seed
- Heal Seed
- Hunger Seed
- Joy Seed
- Life Seed
- Plain Seed
- Quick Seed
- Reviver Seed
- Sleep Seed
- Stun Seed
- Totter Seed
- Warp Seed

Foods

- Apple
- Banana
- Big Apple
- Chestnut
- Grimy Food
- Huge Apple

Berries

- Cheri Berry
- Chesto Berry
- Oran Berry
- Pecha Berry
- Rawst Berry
- Citrus Berry

Stat Boosters

- Calcium
- Ginseng
- Iron
- Max Elixir
- Protein
- Zinc

Other Apparel

- Friend Bow
- Munch Belt
- No-Stick Cap
- Tight Belt

Special Moves

- Vacuum-Cut
- Wide Slash

Evolution Items

- Fire Stone
- Leaf Stone
- Moon Stone
- Sun Stone
- Thunderstone
- Water Stone
- Beauty Scarf
- Deepseascale
- Deepseatooth
- Dragon Scale
- King's Rock
- Link Cable
- Lunar Ribbon
- Metal Coat
- Sun Ribbon
- Upgrade

Key Items

- Ice Part
- Rock Part
- Steel Part
- Key
- Link Box
- Music Box
- Switch Box
- Wish Stone

Gummies

- Black Gummi
- Blue Gummi
- Brown Gummi
- Clear Gummi
- Gold Gummi
- Grass Gummi
- Gray Gummi
- Green Gummi
- Orange Gummi
- Pink Gummi
- Purple Gummi
- Red Gummi
- Royal Gummi
- Silver Gummi
- Sky Gummi
- White Gummi
- Yellow Gummi

Orbs

- Blowback Orb
- Cleanse Orb
- Decoy Orb
- Drought Orb
- Escape Orb
- Evasion Orb
- Fill-In Orb
- Hail Orb
- Hurl Orb
- Identify Orb
- Invisify Orb
- Itemizer Orb
- Lob Orb
- Longtoss Orb
- Luminous Orb
- Mobile Orb
- Mug Orb
- Observer Orb
- One-Room Orb
- One-Shot Orb
- Petrify Orb
- Pierce Orb
- Possess Orb
- Pounce Orb
- Quick Orb
- Radar Orb
- Rainy Orb
- Rebound Orb
- Reviver Orb
- Rocky Orb
- Rollcall Orb
- Sandy Orb
- Scanner Orb
- See-Trap Orb
- Shocker Orb
- Silence Orb
- Sizebust Orb
- Slow Orb
- Slumber Orb
- Snatch Orb
- Stairs Orb
- Stayaway Orb
- Sunny Orb
- Switcher Orb
- Toss Orb
- Totter Orb
- Transfer Orb
- Trapbust Orb
- Trapper Orb
- Trawl Orb
- Two-Edged Orb
- Warp Orb